

Sussex County
Department of Health and Human Services
Division of Health
Office of Public Health Nursing and Environmental Office
Clinics, Outreach Events, Public Education and Upcoming Events, DOH Activities
November, 2023

Women's Health Screening

Next Clinic Date: December, 14 2023

A Women's Cancer screening clinic was held on **November 16, 2023** from 4:00pm - 7:00 pm, Seven (7) women scheduled and four (4) were screened. . This service is available free to underinsured and uninsured county residents who qualify for the NJCEED grant. A cervical thin-prep Pap smear, clinical breast exam, and pelvic exam are included in the physical exam at the time of clinic. Breast, cervical, colorectal, smoking cessation health education will be available at the time of screening. Mammograms are scheduled for a later date. Pre-registration is required and participants must have an appointment. Walk-ins will not be accepted. Please contact the Office of Public Health Nursing at 973-579-0570, ext. 1246, or visit www.sussex.nj.us/nursing to obtain more information or schedule an appointment

Men's Health Screening

Next Clinic Date: TBD

The clinic was held on May 17, 2023, one (1) patient was seen. Under the direction of the NJCEED Program, a clinic is held twice a year. Prostate and colorectal testing is done along with a free PSA blood draw. Health education will include prostate health, smoking cessation and colorectal cancer information. Participants are encouraged to bring back their colorectal test kit sent to them prior to their appointment. This clinic is free to all NJCEED participants and those men who are uninsured or underinsured. Appointments are required. Please call 973-579-0570 ext. 1246 to schedule an appointment

Child Health Conference

Next Clinic Date: January 23, 2024

Complete physical exams, screenings, and age-appropriate immunizations for children ages 0-5 years old that are without health insurance. A clinic was held on November 28 and (4) children were seen. Clinics are located at the Public Health Nursing Office, 201 Wheatsworth Road, Hamburg, NJ. Appointments are required and can be scheduled by calling 973-579-0570. Clinic dates are posted on the website.

Health Check Clinic

Next Clinic Date: January 23, 2024

This clinic offers vaccines for adults and school-aged children. There is no fee for vaccines if uninsured or underinsured. A clinic was held on November 28 and (7) six patients were seen. Clinics are located at the Public Health Nursing Office, 201 Wheatsworth Road, Hamburg. Appointments are required. Please call 973-579-0570 ext. 1275 to schedule an appointment. Clinic dates for 2023 are posted on the website.

Complete Metabolic Profile (CMP)

December 2, 2023

A blood screening was offered including lipid profile tests, glucose, liver function tests, kidney function tests, complete blood counts and more. Fee for the clinic is \$50. Appointments are required. Please call 973-579-0570 ext. 1275.

COVID-19 Vaccination Clinics

Clinics will continue to be updated on the SC website as they are scheduled. Public Health Nursing also continues to do weekly homebound vaccinations.

Walk-in Flu/Covid Clinics

- **December 13**, 12:00 – 2:00 pm – PHN office – 201 Wheatsworth Road, Hamburg, NJ 07419
- **December 20**, 12:00 – 2:00 pm – PHN office – 201 Wheatsworth Road, Hamburg, NJ 07419

PHN Activities

- **January 11th - 1pm-2pm** - Cervical Cancer Presentation-Newton Library
- **January 16th – 1pm – 2pm** - Dorothy Henry Library

COVID-19 Testing kits:

The Sussex County Division of Health continues to offer information on the SC website on how to obtain at home testing kits. All residential households are now eligible for an additional order of free at-home COVID-19 test kits through the United States Postal Service (USPS). Please note the following:

- Each order now includes eight (8) rapid antigen COVID-19 tests
- Your order of eight (8) tests will come in two (2) separate packages, with four (4) tests per package; each package will have its own tracking number.
- Packages will ship free through USPS.

County School Immunization Audits

Public Health nursing staff audits the student immunization records for compliance with NJ State regulations in all Preschool, Elementary, Middle School, High School and Childcare Centers in Sussex County. This is done on an annual basis as required by the NJDOH.

Sussex Warren Chronic Disease Coalition (SWCDC)

November is Lung Cancer Awareness Month. Maureen Cianci, RN, BSN participated at National Rural Health Day sponsored by Zufall Health will be held on Thursday, 11/16/23 at Newton HS.

On 11/28/23 Maureen Cianci, RN, BSN did a presentation to 20 members of NORWESCAP's Pathways 2 Prosperity program at the Sparta Methodist Church. The topic for discussion, *Lung Cancer: Smoking and Radon Exposure, a Deadly Combination*.

Basic health literate handouts are available at all outreaches to reinforce healthy eating and physical activity for our community members and promote prevention of cancer which is considered a chronic disease.

Community Health Improvement Plan (CHIP)

The Community Health Needs Assessment (CHNA) and the Community Health Improvement plan (CHIP) are completed and have been sent to the state of New Jersey. They are located on the Healthy NJ 2030 site:

<https://www.nj.gov/health/healthynj/2030/community-plans/>

They are also located on the North Jersey Health Collaborative (NJHC) website:

<https://www.njhealthmatters.org/tiles/index/display?alias=sussexabout>

The NJHC analyzed the BMI data collected for K-6 grade SC schools is 2 report periods: 2018-2019 and 2022-2023 school years. This primary data identified the age that childhood obesity rates begin to increase and

districts in the county that have higher overweight and obesity percentages. This will help to identify our next steps in addressing primary prevention.

Lead Program

The Office of Public Health Nursing continues investigating childhood elevated blood lead levels. The nurse case manager conducts home visits and coordinates care for those children with elevated levels. The nurse case manager offers outreach and education with various partnerships within the county. Education and outreach for pediatricians and clinics continues with the goal of increased screening of those populations most at risk. There are currently four (4) cases open and under investigation.

Pregnancy and Lead Zoom Presentation

December 13, 2023

On Wednesday, December 13 at 11:00 a.m., Health Educator, Juliette Bannister, MPH, MBA, CHES, will present a virtual Zoom presentation titled "Pregnancy and Lead Exposure - What You Need to Know". The webinar is hosted by Atlantic Health System and requires pre-registration. To register, please visit atlanticealth.org/events or call 1-800-247-9580.

Tuberculosis Control Services

Public Health Nurses provide surveillance and case management to prevent the spread of tuberculosis. Daily direct observation of medication therapy and client/family education are components of this program. There is currently one (1) active case.

November and December 2023

Special Child Health Services:

Case Managers continue to assist families with the Catastrophic Illness in Children Relief Fund (CICRF). Case Managers work with Family Resource Specialists from the Statewide Parent Advocacy Network (SPAN) to assist families with educational needs and resources. Special Child Health Services works with Autism NJ to provide resources to families.

Outreach:

Spoke with Heather and Amy from Vernon PAL to discuss Holiday Event with Sensory Santa.
Spoke with Haley from PSS about Sensory Santa for future events.
Received a request for SCHS information from Brittany at Mobile response and left a return message.
Connected with Claire from Autism NJ about preparing for and finding Autism evaluations.
Distribution of materials from SCHS to families during Rural Night Out @ Newton School.
Distribution of SCHS material to families and staff at the Main Library during lead presentation.

Discuss needs of the families on SCHS with community partners.

SCHS resources on Sussex County Website reviewed and updated material sent to supervisor for review.

Ordered, received and brought information from SCHS and CICRF to PSS for distribution at Season of Hope Toy Drive (1,000 flyers).

Discussion on prevention programs for children with special needs, with Lisa Lombardo from Sussex County Community and Youth Services.

Preparation for discussion about increase Catastrophic Illness in Children Relief Fund participation.

Meetings:

Disability Service Advisory Meeting.
Youth Services Meeting.
PSS County Council of Young Children.
Youth services advisory Council Meeting.
Wallkill Valley Coalition Meeting.
Unit Coordinator Meeting.
Discussion with member of NJ Cancer Coalition about child Health obesity crisis.

Education:

Learning series about relationships and sensory health.
PEOSH training for Case Manager.
Lung Cancer Presentation
Public Health Nursing presentation on certification

Upcoming:

Home Visitation meeting at PSS.
Unit Coordinator Meeting.
State Quarterly Meeting.
Wallkill Valley Coalition Meeting.
Season of Hope Toy Drive with distribution of SCHS and CICRF information.

MONTHLY RABIES DATA FOR: November 1 – November 30, 2023

There were (60) domestic or wild bite exposure reports from animals that required follow-up investigation.

- The animals involved were Dogs (34), Cats (6), Bats (4), Raccoons (4), Groundhog (1), Fox (3)
- (10) animals were sent for testing
- (3) animals tested positive: (1) Fox from Lafayette, (1) Bat from Vernon, (1) Raccoon from Hardyston
- (9) people received PEP
- The number of investigations per municipality is listed in the parentheses:
Byram Township (2), Frankford Township (4), Franklin Borough (2), Fredon Township (1), Hampton Township (4), Hardyston Township (7), Hopatcong Borough (2), Lafayette Township (3), Montague Township (3), Newton Town of (3), Ogdensburg Borough (2), Sparta Township (6), Sussex Borough (1), Vernon Township (11), Wantage Township (6)

OOJ: Total (3): Bergen Cty (1), Passaic Cty (1), Michigan (1)

Communicable Diseases Report

As of 12/01/2023, one (1) active Rhinovirus outbreak in a Long-Term Care Facility has been reported.

Sussex County Communicable Disease Statistical Report - November 2023	
DISEASE NAME	COUNT
BORRELIA MIYAMOTOI (Tick-borne Disease)	1
CAMPYLOBACTERIOSIS (Foodborne Disease)	1
CRYPTOSPORIDIOSIS (Foodborne/waterborne Disease)	1
EHRlichiosis/ANAPLASMOSIS - ANAPLASMA PHAGOCYTOPHILUM (HGE)	1
HEPATITIS C - PERINATAL	1
MONKEYPOX (Person to person)	1
STREPTOCOCCUS PNEUMONIAE (Person to person/respiratory droplet)	2
	8

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